

Daily Visual Schedule Template

A Daily Visual Schedule Template is designed to support children with autism by providing a clear, structured outline of their day. It uses visual cues to help them anticipate and understand daily activities, transitions, and expectations.

How to Use the Schedule

- **Fill in the Blanks:** Adjust the schedule based on your child's needs and the day's plan.
- **Keep it Visible:** Post it in a common area, like the kitchen or their bedroom.
- **Stay Consistent:** Review it with your child each morning to set expectations.
- **Be Flexible:** Swap out activities as needed but maintain the overall flow.

Morning

_____ Wake-Up Time
 _____ Breakfast
 _____ Morning Hygiene
 _____ Free Play or Morning Activity
 _____ Learning Time or Reading

Midday

_____ Snack Time
 _____ Creative Activity
 _____ Outdoor Play or Exercise
 _____ Lunch

Afternoon

_____ Break or Preferred Activity
 _____ Skill Practice or Therapy Activities
 _____ Structured Play or a Game
 _____ Snack Time

Evening

_____ Dinner
 _____ Family Time
 _____ Calming Activity or Quiet Time
 _____ Bedtime Routine
 _____ Bedtime

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